

# Doncaster Dartes September Sprints Meet 2024

A/B/C Grade Gala
License Level 3 applied for
(Held under ASA Laws and Technical Rules)

Sunday, 8th September 2024 at

**John Charles Centre for Sport Leeds** 

9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over
All ages 50m Free, Back, Breast, Fly and 100m IM
9yrs ungraded with no cut-offs
All other ages Graded A, B & C with cut-offs. All events HDW.

Age on 31st December 2024

Awards to top 3 in each age group and grade except 9yrs which is awards to top 6 in each grade

Top Open/Boy & Top Girl in each age group
Top Club

10 Lane 25m Pool with anti-wave ropes.

Electronic timing & scoreboard. Large car park. Swim Shop.

Food available all day.

Entry Fees: £7.50 per individual event.

Entries accepted on a "First come, first served" basis.

Full-day Coaches Pass: £12.50 – includes programme, start lists & results by web.

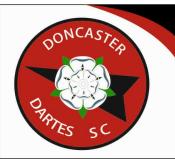
Spectator tickets to be purchased on the day

Information available online at www.doncasterdartes.co.uk

Entry Secretary: Carol Shepheard Email: <u>meets.dartes@gmail.com</u> Closing Date: 28th August 2024

**Promoter: Gail Burton** 





## **September Sprints**

Sunday, 8th September 2024

## **Session Times**

### Session 1

Check-in Sheets by 08:10 Warm-up 08:00

		First Heat: 09:00	
Event	Gender	Age	Stroke
101.	Girls	11,12 & 15yrs +	100m Medley
102.	Open/Boys	9,10,13 & 14yrs	100m Medley
103.	Girls	11 & 12yrs	50m Back
104.	Open/Boys	9 & 10yrs	50m Breast
105.	Girls	15yrs +	50m Fly
106.	Open/Boys	13 & 14yrs	50m Free
107.	Girls	11 & 12yrs	50m Breast
108.	Open/Boys	9 & 10yrs	50m Back
109.	Girls	15yrs +	50m Free
110.	Open/Boys	13 & 14yrs	50m Fly
111.	Girls	11 & 12yrs	50m Free
112.	Open/Boys	9 & 10yrs	50m Fly
113.	Girls	15yrs +	50m Back
114.	Open/Boys	13 & 14yrs	50m Breast
115.	Girls	11 & 12yrs	50m Fly
116.	Open/Boys	9 & 10yrs	50m Free
117.	Girls	15yrs +	50m Breast
118.	Open/Boys	13 & 14yrs	50m Back

### Session 2

Check-in Sheets by 13:10 Warm-up: 13:00 First Heat: 14:00

	Filst Heat. 14.00					
Event	<u>Gender</u>	Age	Stroke			
201.	Girls	9,10,13 & 14yrs	100m Medley			
202.	Open/Boys	11,12 & 15yrs +	100m Medley			
203.	Girls	9 & 10yrs	50m Back			
204.	Open/Boys	11 & 12yrs	50m Breast			
205.	Girls	13 & 14yrs	50m Fly			
206.	Open/Boys	15yrs +	50m Free			
207.	Girls	9 & 10yrs	50m Breast			
208.	Open/Boys	11 & 12yrs	50m Back			
209.	Girls	13 & 14yrs	50m Free			
210.	Open/Boys	15yrs +	50m Fly			
211.	Girls	9 & 10yrs	50m Free			
212.	Open/Boys	11 & 12yrs	50m Fly			
213.	Girls	13 & 14yrs	50m Back			
214.	Open/Boys	15yrs +	50m Breast			
215.	Girls	9 & 10yrs	50m Fly			
216.	Open/Boys	11 & 12yrs	50m Free			
217.	Girls	13 & 14yrs	50m Breast			
218.	Open/Boys	15yrs +	50m Back			





## **September Sprints**

Sunday, 8<sup>th</sup> September 2024 **Cut-off Times** 

		Open/B	oys Cut-Off	Times (No f	aster than)	
		50m Free	50m Fly	50m Back	50m Breast	100m IM
10yrs	Α	33.50	38.50	39.50	43.50	1:28.00
	В	38.50	43.50	45.50	49.50	1:38.00
	С	43.50	49.50	51.50	56.50	1:51.00
11yrs	Α	31.50	35.50	36.50	39.50	1:21.00
	В	35.50	39.50	41.50	45.50	1:32.00
	С	39.50	45.50	46.50	52.50	1:43.00
12yrs	Α	29.50	32.50	33.50	37.50	1:16.00
	В	33.50	37.50	38.50	42.50	1:26.00
	С	37.50	42.50	43.50	48.50	1:36.00
	Α	28.50	31.50	32.50	35.50	1:11.00
13yrs	В	31.50	35.50	36.50	39.50	1:19.00
	С	36.50	39.50	39.50	44.50	1:31.00
-	Α	27.50	29.50	29.50	33.50	1:08.00
14yrs	В	29.50	33.50	34.50	38.50	1:17.00
	С	34.50	37.50	39.50	43.50	1:27.00
	Α	25.50	27.50	28.50	31.50	1:02.00
15yrs+	В	29.50	31.50	32.50	36.50	1:13.00
	С	33.50	36.50	36.50	41.50	1:22.00
			1	s (No faster	<u> </u>	1
		50m Free	50m Fly	50m Back	50m Breast	100m IM
	Α	34.50	38.50	39.50	44.50	1:28.00
10yrs	В	39.50	43.50	44.50	50.50	1:40.00
	C	44.50	48.50	50.50	57.50	1:52.00
	Α	31.50	35.50	35.50	40.50	1:21.00
11yrs	В	35.50	39.50	40.50	46.50	1:31.00
	С	40.50	45.50	45.50	52.50	1:43.00
12yrs	Α	30.50	33.50	34.50	38.50	1:17.00
	В	34.50	38.50	39.50	43.50	1:27.00
	С	39.50	43.50	44.50	49.50	1:38.00
13yrs	Α	29.50	32.50	33.50	37.50	1:14.00
	В	33.50	36.50	37.50	42.50	1:24.00
	С	38.50	41.50	42.50	47.50	1:34.00
14yrs	Α	28.50	31.50	32.50	36.50	1:14.00
	В	32.50	35.50	36.50	41.50	1:22.00
	С	36.50	40.50	42.50	46.50	1:33.00
15yrs+	Α	27.50	30.50	32.50	35.50	1:10.00
	В	31.50	34.50	36.50	40.50	1:19.00
13,13						





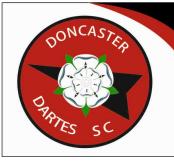
## **September Sprints**

Sunday, 8th September 2024

### **Meet Conditions**

- The Promoter for this event is Gail Burton
- 2. The Competition will be held under ASA Law & Technical Rules.
- 3. The one start rule will apply.
- 4. Over the top starts may be used at the Promoter's discretion.
- 5. Swimmers are requested to remain in the water until asked to leave the pool.
- 6. All individual events will be heat declared winners.
- 7. The pool is 25m long, 10 lanes with anti-wave lane ropes and electronic timing. A secondary strobe is available.
- 8. No outdoors shoes to be worn on the poolside. Footwear must be worn outside the pool area.
- 9. Age Groups are 9, 10, 11, 12, 13, 14, and 15 years & over. However, to comply with Swim England Regulations, swimmers competing in the 9 years age group **MUST BE AT LEAST 9 YEARS OLD** on the day of the competition (8<sup>th</sup> September 2024)
- 10. Ages are as at midnight 31st December 2024.
- 11. The female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the Female category, a swimmer confirms that their birth sex is female.
- 12. Entries will only be accepted online at <a href="www.openmeets.co.uk">www.openmeets.co.uk</a>. Paper or email entries will not be accepted.
- 13. Entry times are to be based on 25m pool times or converted 50m pool times by use of the ASA Conversion Tables and should be slower than the published cut-offs.
- 14. The closing date for entries is midnight, 28th August 2024 and refers the final date on which entries must be received by the Meet Secretary.
- 15. Entries are accepted on the 'first come, first served' basis only.
- 16. Poolside entries may be accepted at the discretion of the Promoter.
- 17. This meet will operate as a CARDLESS meet. Check-in sheets will be provided to team managers who must return them to race control by the stated time for each session.
- 18. The fees for this event are £7.50 for each individual entry.
- 19. Withdrawals will not be refunded except for those necessary on medical grounds (proof required).
- 20. Coaches and Team Managers MUST wear passes provided at all times whilst on poolside. Only swimmers with accepted entries and Coaches/Team Managers with a valid Coaches pass will be allowed on poolside.
- 21. Coach passes are priced at £12.50 each and include programme, start lists and access to full and club specific results.





- 22. Coaches and Team Managers are requested to ensure their swimmers respect the officials and are silent at the start of each heat. Team Managers / Coaches must supervise the warm up of their swimmers.
- 23. All fee payments made via bacs or cheque must include the Openmeets meet reference and entry form number(s).
- 24. All clubs submitting 10 or more swimmers are requested to provide a timekeeper or level1 official (please forward names and registration number for official nominated by email to meets.dartes@gmail.com.) Meals and refreshments will be provided. Expenses will be paid to officials attending without a swimmer at the rate of 45p per mile.
- 25. The Referees decision is final.
- 26. Awards will be made for each event to the first three in each age group and grade except for 9 year olds which will be the top 6 in each event and grade. All awards are based on times swum on the day and not on entry times. Swimmers swimming faster than the A Grade time will receive a speeding ticket.
- 27. Presentations will only be made for the top open/boys, girls, top club. All other awards should be collected from the awards table during the meet.
- 28. Admission for spectators will be £6.50 per session, £10.00 for a full day. Spectator tickets are to be purchased on the day. The spectator area will be cleared between sessions.
- 29. Refreshments may be obtained in the cafeteria but may not be taken on poolside.
- 30. A swim shop may be in operation throughout the gala.
- 31. Any point not covered by these rules will be at the discretion of the promoter.

